



**Melissa Moore PhD** is currently the Executive Director of Karuna Training in North America.

Melissa served as a founder of Karuna Training method in Europe from 1996 - 2004. Karuna is a 3-year professional certificate training in Contemplative Psychology.

Karuna Training programs are currently operating in Berkeley, CA, Seattle, WA and Albuquerque, NM in the United States, and in Germany, Austria, Spain and France.

Melissa has her PhD in Psychological Anthropology and her MA in Contemplative Psychology. She has long term expertise in working with people who suffer with chronic and severe mental illness. She was the founding Director of The Felton Institute Research and Training Institute in San Francisco 2005 - 2016.

Melissa is also an Acharya in the Shambhala Tradition, which means she represents Sakyong Mipham Rinpoche in the Shambhala Lineage. She has been a student of Shambhala for over 35 years.